



Under 4/5 Rules & Field Structure

Philosophy

Provide an environment where young players can have fun, develop individual skills and learn the game of soccer. There will be an in-house league for boys and girls. The club will make every effort to select even teams at the start of each season. The rules for the boys and the girls will be the same.

Law I – The field

Length: 35 yards, Width: 30 yards.

The outline of the field will be lined in paint. A Goal Area and corner arc's will be lined in paint.

Law II – The Ball

Size 4

Law III – Number of Players

Maximum number of players on the field at one time is four (4) with no goal keepers (4v4). If one team has less players then the two coaches can decide to play to max of the lower number of players present or the other team can add players to the other team. Substitutions may be made by the coach/manager any time the ball is out of play. Each player shall play a minimum of 50% of the total playing time.

Law IV – Players Equipment.

All players must wear shin-guards. No jewelry is allowed. Footwear must be soft-cleated soccer shoes or tennis shoes.

Law V – The referee

Team coaches will act as the Referee's during each match. The coaches may be on the field directing the flow of the game and ensuring safety of all players. Coaches must work together to make sure each match is a fun and positive experience. At the younger ages, please make sure that players do not make "the wall" in front of the goal or "goal-tend" during the match. All rule infractions will be briefly explained to the offending player positively and quickly.

Law VI – Linesman

No linesman used. All calls will be made by the coaches.

Law VII – Duration of the Game

Four (4) twelve (12) minute quarters. One (1) minute rest between quarters and then a Half-time of no more than ten (10) minutes. At this age, coaches need to monitor the players and adjust quarter lengths based on the weather and the status of the players. Hot = increased water breaks and rest time. Kids are at two speeds – Full on until we stop them or off. Please know your players and adjust accordingly collaborating with the other coach.

Law VIII – The Start of Play

At the start of the game, the start of each quarter, and after a goal is scored, the play will be started by a kick-off from the center of the field. The team that concedes a goal will take the kick-off to restart the play. The opposing team players must be 5 yards from the center mark while the kick-off is in progress. The Kick-off should go forward. The ball should not be kicked to the other team. Changing of sides only has to happen after half-time vice each quarter.

Law IX – Ball in and out of Play

A throw-in will be awarded when the ball goes out of play over the side-line. The throw-in is awarded to the opposing team of the player who last touched the ball. A goal-kick is awarded when the ball goes out of play over the goal-line on either side of the goals and is last touched by an attacking team player. A corner-kick is awarded when the ball goes out of play over the goal-line on either side of the goals and is last touched by a defending team player.

Law X – Method of Scoring

A goal is scored when the entire ball crosses over the entire goal-line between the goal-posts.

Law XI – Off-side

There will be no off-side.

Law XII – Fouls and Misconduct

All fouls will be penalized by an indirect free kick. The referee will explain the reason for the call to the player. No cautions or ejections will be issued to players.

Law XIII – Free Kicks

All free kicks will be indirect. The opposing players must be least five (5) yards from the ball. No kicks will be taken by the attacking team within the defending team's goal box. If an infraction occurs inside the goal box, the free kick will be taken from the nearest point on the goal-box line.

Law XIV – Penalty Kicks

No penalty kicks at U4/5 brackets. Ball will be placed outside the box and an indirect kick will take place.

Law XV – Throw-in

A second throw-in will be allowed if the player commits a foul on the initial attempt. The referee shall explain the proper method before allowing the player to re-throw.

Law XVI – Goal Kick

Goal kick may be taken from anywhere on the goal line in the goal box. The ball must go outside the goal area.

Law XVII – Corner Kick

Opponents must be a minimum of 5 yards away from the ball.

